



GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Fall I Session: September 10, 2017-October 21, 2017

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY									
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B								
5:30	CLOSED		Open Gym 5:30am-9:30am	Open Gym 5:30am-9:00am	Open Gym 5:30am-10:00am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-9:00am	Men's Pickup Basketball 5:30am-7:30am								
6:00																
6:30																
7:00																
7:30																
8:00	Open Gym 8:00am-9:00am					Open Gym 7:30am-9:30am		Open Gym 7:30am-9:00am								
8:30																
9:00	Volleyball Private Instruction 9:00am-3:00pm	Open Gym 8:00am-11:00am	Pickleball 10:30am-3:00pm	Pickleball 9:00am-4:00pm	Micro Football 10:00am-12:00pm	Pickleball 10:30am-4:00pm	Pickleball 10:00am-3:00pm	Pickleball 9:00am-3:00pm								
9:30		Birthday Parties 11:00am-12:30pm							HEAT 9:30am-10:30am	Pickleball 9:00am-4:00pm	Micro Football 10:00am-12:00pm	Pickleball 10:30am-4:00pm	Pickleball 10:00am-3:00pm	Pickleball 9:00am-3:00pm	HEAT 9:00am-10:00am	
10:00																
10:30		Birthday Parties 11:00am-12:30pm														
11:00																
11:30		Volleyball Private Instruction 9:00am-3:00pm							Birthday Parties 11:00am-12:30pm							
Noon																
12:30		Volleyball Private Instruction 9:00am-3:00pm														
1:00																
1:30																
2:00																
2:30																
3:00																
3:30	CLOSED		Open Gym 3:00pm-6:00pm	Open Gym 4:00pm-5:30pm	Open Gym 3:00pm-6:00pm	Open Gym 4:00pm-6:00pm	Open Gym 3:00pm-5:30pm	Open Gym 3:00pm-4:00pm								
4:00																
4:30																
5:00																
5:30																
6:00																
6:30																
7:00																
7:30									Volleyball Private Lessons 6:00pm-10:00pm			Micro Football 5:30pm-7:30pm	Adult Volleyball League (Begins 9/19) 6:00pm-10:00pm	Karate 6:00pm-10:00pm	Gym Jam 5:30pm-7:00pm	Open Gym 6:00pm-10:00pm
8:00																
8:30																
9:00																
9:30																

Open Gym

Categorized as free time for basketball and volleyball play, for ages 8 and older. Please see membership desk on days volleyball net may be requested.

Gym Guidelines & Open Gym Rules

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
 - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
 - Youth 7 and younger must be accompanied by an adult.
 - Full Court play may be restricted when only one court is open.

PROGRAMS HAVE PRIORITY OF GYM USAGE

SCHEDULE IS SUBJECT TO CHANGE

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GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Fall I Session: September 10, 2017-October 21, 2017

	THURSDAY		FRIDAY		SATURDAY							
	CT A	CT B	CT A	CT B	CT A	CT B						
5:30	Open Gym 5:30am-9:30am	Open Gym 5:30am-9:00am	Open Gym 5:30am-9:00am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-9:00am	Open Gym 5:30am-9:00am						
6:00												
6:30												
7:00				Open Gym 7:30am-9:30am								
7:30												
8:00												
8:30				Gym Jamboree 9:00am-10:30am			HEAT 9:30am-10:30am					
9:00												
9:30												
10:00	Tough Mothers 9:30am-10:30am	Pickleball 9:00am-3:00pm	Open Gym 10:30am-11:00am	Open Gym 10:30am-11:00am	Open Gym 5:30am-8:00pm	Karate 9:00am-1:00pm						
10:30												
11:00												
11:30												
Noon												
12:30												
1:00												
1:30												
2:00												
2:30	Open Gym 3:00pm-6:30pm	Basketball Skills Academy 4:00pm-6:00pm	Open Gym 3:00pm-5:00pm	Open Gym 3:00pm-6:00pm	Open Gym 4:00pm-5:00pm	Birthday Parties 1:00pm-4:00pm						
3:00												
3:30												
4:00												
4:30												
5:00												
5:30												
6:00												
6:30							Adult Volleyball League (Begins 9/21) 6:30pm-9:30pm	Karate 6:00pm-10:00pm	Volleyball Private Lessons 5:00pm-10:00pm	Birthday Parties 6:00pm-8:30pm	Open Gym 6:30pm-8:00pm	Birthday Parties 5:00pm-6:30pm
7:00												
7:30												
8:00												
8:30												
9:00												
9:30	Open Gym 9:30pm-10:00pm			Open Gym 8:30pm-10:00pm	CLOSED							

PROGRAMS HAVE PRIORITY OF GYM USAGE.

SCHEDULE IS SUBJECT TO CHANGE.

SEE REVERSE SIDE FOR ADDITIONAL DAYS, TIMES, AND GUIDELINES.

Family Basketball-Time for use of our 6 ft. wall hoops

- Can be used on any court where open gym is listed.
 - Families with children 7 yrs. old and under
- Check-out by a parent/guardian is required at the Member Service Desk.
 - Parent/guardian supervision is required at all times.
- Use outer two hoops so that main hoops remain accessible for open gym.

NO FOOD, DRINKS, OR GUM allowed in the gym.