



PRESCHOOL REGISTRATION INFORMATION

6 months through 5 yrs old | Fall I: August 27 – October 21, 2017* (8 weeks)

Registration: Member: August 12-24, 2017 | Non-Member: August 19-24, 2017

Registration dates apply to all programs unless otherwise noted. *No classes/programs on Mon. 9/4 (Labor Day).

Additional programs/classes that do not require registration may be available and will be on the facility schedules.

Program descriptions are available in the Preschool/Youth/Teen Program Guide. Schedule is subject to change.

All Fall I Preschool programs/classes meet once per week for 7 weeks unless noted otherwise.

Youth & Teen Registration information is on the reverse side.

AQUATICS

Michelle Gonzalez, Aquatics Coordinator:
x218 or mgonzalez@bcfymca.org

PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) \$147 Member / \$220 Non-Member
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Preschool Group Swim Lessons are
\$45 Member / \$90 Non-Member

LEVEL		DAY	TIME
PARENT/CHILD SWIM LESSONS	LEVEL A: WATER DISCOVERY	SA	9:35AM-10:05AM
	LEVEL B: WATER EXPLORATION	SA	10:10AM-10:40AM
	LEVEL A & B COMBINED	TH	1:00PM-1:30PM
1/ WATER ACCLIMATION	M		4:30PM-5:00PM
	TU		5:05PM-5:35PM
	TU		6:15PM-6:45PM
	W		5:40PM-6:10PM
	TH		4:30PM-5:00PM
	TH		5:15PM-6:45PM
	SA		9:00AM-9:30AM
	SA		11:30AM-11:50AM
LEVEL 1 & 2 COMBINED	TH		12:15PM-12:45PM
2/ WATER MOVEMENT	M		5:05-5:25PM
	M		6:15PM-6:45PM
	TU		4:30PM-5:00PM
	W		4:30PM-5:00PM
	W		6:15PM-6:45PM
	TH		5:40PM-6:10PM
	SA		10:45AM-11:15AM
	SA		11:20AM-11:50AM
LEVEL 2 & 3 COMBINED	M		10:30AM-11:00AM
3/ WATER STAMINA	M		5:05PM-5:35PM
	M		5:40PM-6:10PM
	TU		4:30PM-5:00PM
	TU		5:40PM-6:10PM
	W		5:05PM-5:35PM
	TH		4:30PM-5:00PM
	SA		9:35AM-10:05AM

UPCOMING SPECIAL EVENTS

Brad Pontius, Program Director:
x217 or bpontius@bcfymca.org

<p>2nd ANNUAL COLOR COURSE Sun., Sept. 10, 2017 Begins at 1:30PM</p> <p>Families will work as a team to complete our 2nd Annual colorful obstacle course challenge! The event includes obstacles with chalk-powder color blasts around every corner. After finishing the course, enjoy the other activities & giveaways we will have! View the flyer for complete details.</p> <p>Early Bird Registration is open now through August 31st: Member \$25 Non-Member \$35</p>
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SPORTS & MOVEMENT

Brad Pontius, Program Director:
x217 or bpontius@bcfymca.org

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER
MICRO FOOTBALL Outdoors (Parent/child class) 3-5 yrs	M	5:30PM-6:15PM	\$32 / \$44
	M	6:30PM-7:15PM	\$32 / \$44
	TU	10:00AM-10:45AM	\$32 / \$44
	TU	11:00AM-11:45AM	\$32 / \$44
KEYSTONE MARTIAL ARTS: (2x per week) *Monthly registration required.			
Little Dragons 4-6 yrs	M & W	4:10PM-4:40PM	\$50 / \$95+
Mighty Dragons 4-6 yrs	TU & TH	4:10PM-4:40PM	\$50 / \$95+

ARTS & HUMANITIES

Brad Pontius, Program Director:
x217 or bpontius@bcfymca.org

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER	
ART ADVENTURES	2-3 yrs	W	9:30AM-10:15AM	\$34 / \$68
	4-5 yrs	TH	9:30AM-10:15AM	\$34 / \$68
DRUMS ALIVE® 3-5 yrs	M	12:15PM-12:45PM	\$17 / \$34	
GYM JAMBOREE 2-5 yrs	W	5:45PM-6:15PM	\$21 / \$42	
	W	6:30PM-7:00PM	\$21 / \$42	
	F	9:15AM-9:45AM	\$21 / \$42	
	F	10:00AM-10:30AM	\$21 / \$42	
KIDS CAN COOK 3-5 yrs	TU	9:30AM-10:30AM	\$50 / \$70	
	TU	12:30PM-1:30PM	\$50 / \$70	
SAY IT WITH A SIGN 4-7 yrs	M	5:00PM-5:45PM	\$17 / \$34	



YOUTH & TEEN REGISTRATION INFORMATION

5-17* yrs old (*or 18 yrs still enrolled in high school) | **Fall I: Aug. 27 – Oct. 21, 2017* (8 weeks)**

Registration: Member: August 12-24, 2017 | Non-Member: August 19-24, 2017

Registration dates apply to all programs unless otherwise noted. *No classes/programs on Mon. 9/4 (Labor Day).

Additional programs/classes that do not require registration may be available and will be on the facility schedules. Program descriptions are available in the Preschool/Youth/Teen Program Guide. Schedule is subject to change.

All Fall I Youth/Teen programs/classes meet once per week for 7 weeks unless noted otherwise.

Preschool
Registration
information is on
the reverse side.

AQUATICS

Michelle Gonzalez, Aquatics Coordinator:
x218 or mgonzalez@bcfymca.org

AQUA SCHOOL Grades K-12	TUES. & THURS 1:00PM-1:45PM (\$50 Member / \$100 Non-Member)
PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) (\$147 Member / \$220 Non-Member)

Youth/Teen Group Swim Lessons programs
are \$45 Member / \$90 Non-Member

LEVEL	DAY	TIME
1/ WATER ACCLIMATION	M	5:40PM-6:10PM
	TU	5:40PM-6:10PM
	W	5:05PM-5:35PM
	TH	5:05PM-5:35PM
	SA	10:45AM-11:15AM
2/ WATER MOVEMENT	M	4:30PM-5:00PM
	TU	5:05PM-5:35PM
	W	5:40PM-6:10PM
	TH	5:05PM-5:35PM
	SA	9:00AM-9:30AM
	SA	10:10AM-10:40AM
3/ WATER STAMINA	M	5:40PM-6:10PM
	TU	4:30PM-5:00PM
	W	4:30PM-5:00PM
	TH	5:05PM-5:35PM
	SA	9:00AM-9:30AM
	SA	10:45AM-11:15AM
4/ STROKE INTRODUCTION	M	4:30PM-5:00PM
	TU	5:40PM-6:10PM
	W	5:05PM-5:35PM
	TH	5:40PM-6:10PM
	SA	9:35AM-10:05AM
5/ STROKE DEVELOPMENT	M	5:05PM-5:35PM
	W	5:40PM-6:10PM
	TH	4:30PM-5:00PM
	SA	10:10AM-10:40AM
6/ STROKE MECHANICS	TU	5:05PM-5:35PM
	W	4:30PM-5:00PM
	TH	5:40PM-6:10PM
	SA	11:20AM-11:50AM

HEALTHY LIVING

Kathy Hensler, Healthy Living Director:

x226 or khensler@bcfymca.org

Ages 14+ yrs can attend group exercise & cycle classes. Ages 12-13 yrs may attend **Land Group Exercise** classes with a parent*. Ages 11-13 yrs may attend **Group Cycle** classes with a parent*. *Youth must not be a distraction to the adult class. Please view Adult Registration Information/Program Guide for all class details & descriptions.

CLASS & AGE	DAY	TIME	MEMBER/NON-MEMBER (DROP-IN)
TEEN TRX 13-17 yrs	TU	6:30PM-7:15PM	FREE
	TH	5:30PM-6:15PM	FREE
YOUTH/TEEN FITNESS 7-17yrs	M TU W TH	4:30PM-5:30PM	\$45 / \$80 (\$3)
	· Mon: Group Cycle* · Tues: Youth Strength & Conditioning · Wed: Group Cycle* · Thurs: Youth Speed & Agility Attend every day or as often as you can! *Youth Cycle Policy: Youth must be at least 4' 4" for proper bike fit.		

SPORTS & MOVEMENT

Brad Pontius, Program Director:

x217 or bpontius@bcfymca.org

CLASS, LEVEL & AGE	DAY	TIME	MEMBER/ NON-MEMBER
BASEBALL / SOFTBALL HITTING ACADEMY			
7-10 yrs	W	4:00PM-4:45PM	\$45 / \$60
11-15 yrs	W	5:00PM-5:45PM	\$45 / \$60
BASKETBALL SKILLS ACADEMY			
6-8 yrs	TH	4:00PM-4:45PM	\$45 / \$60
9-11 yrs	TH	5:00PM-5:45PM	\$45 / \$60
KEYSTONE MARTIAL ARTS	Little Dragons 4-6 yrs	M & W (2x per week)	4:10PM-4:40PM \$50 / \$95+
	Mighty Dragons 4-6 yrs	TU & TH (2x per week)	4:10PM-4:40PM \$50 / \$95+
	Youth Beginner 7-13 yrs	TU, TH, & SA (3x per week)	TU/TH: 6:00PM-7:00PM SA: 9:00AM-10:00AM \$60 / \$105+
	Youth Advanced 7-13 yrs	TU, TH, & SA (3x per week)	TU/TH: 7:00PM-8:00PM SA: 10:00AM-11:00AM \$60 / \$105+
	Adult 14+ yrs	TU, TH, & SA (3x per week)	TU/TH: 8:00PM-9:00PM SA: 11:00AM-12:00PM \$60 / \$105+
FLAG FOOTBALL LEAGUE			
5-6 yrs	SA	10:00AM-11:00AM	\$55 / \$75
7-9 yrs	SA	11:00AM-12:00PM	\$55 / \$75
10-12 yrs	SA	12:00PM-1:00PM	\$55 / \$75
PRIVATE SPORTS INSTRUCTION 8-17 yrs	Soccer or Volleyball. Schedule with Instructor (6 lessons)		\$120 / \$180

+ Monthly registration required.

Information for **Upcoming Special Events**
for all ages is available on the reverse side!