



PRESCHOOL REGISTRATION INFORMATION

6 months through 5 years old Fall II Session: October 22 – December 23, 2017

Registration: Member: October 7-19, 2017 | Non-Member: October 14-19, 2017

*No classes/programs on Thanksgiving, Thursday, November 23.

Registration dates apply to all programs unless otherwise noted.

Additional programs/classes that do not require registration may be available and will be on the facility schedules.

Program descriptions are available in the Preschool/Youth/Teen Program Guide. Schedule is subject to change.

All Fall II Preschool programs/classes meet once per week for 7 weeks unless noted otherwise.

Youth & Teen Registration information is on the reverse side.

SAVE THE DATES!

View the event flyers for complete details.

- **Trunk or Treat:** Oct. 21, 3-5PM
- **Fall Ball:** Nov. 18, 5-7PM
- **Brunch with Santa:** Dec. 16, begins @ 9AM

AQUATICS

Michelle Gonzalez, Aquatics Coordinator:
x218 or mgonzalez@bcfymca.org

PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) \$147 Member / \$220 Non-Member
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Preschool Group Swim Lessons are \$45 Member / \$90 Non-Member

LEVEL		DAY	TIME
PARENT/CHILD SWIM LESSONS	LEVEL A: WATER DISCOVERY	SA	9:35AM-10:05AM
	LEVEL B: WATER EXPLORATION	SA	10:10AM-10:40AM
	LEVEL A & B COMBINED	TH	1:00PM-1:30PM
1/WATER ACCLIMATION		M	5:40PM-6:10PM
		W	5:05PM-5:35PM
		W	6:15PM-6:45PM
		TH	5:30PM-6:00PM
		SA	10:45AM-11:15AM
LEVEL 1 & 2 COMBINED		TH	12:15PM-12:45PM
2/WATER MOVEMENT		M	4:30PM-5:00PM
		M	6:15PM-6:45PM
		W	5:40PM-6:10PM
		TH	6:05PM-6:35PM
		SA	10:45AM-11:15AM
		SA	11:20AM-11:50AM
LEVEL 2 & 3 COMBINED		M	10:30AM-11:00AM
3/WATER STAMINA		M	4:30PM-5:00PM
		M	5:40PM-6:10PM
		W	4:30PM-5:00PM
		TH	5:30PM-6:00PM
		SA	9:00AM-9:30AM
		SA	11:20AM-11:50AM

SPORTS & MOVEMENT

Nik Cubbison, Program Director:
x217 or ncubbison@bcfymca.org

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER
GYM JAMBOREE 2-5 yrs	W	5:45PM-6:15PM	\$21 / \$42
	W	6:30PM-7:00PM	\$21 / \$42
	F	9:15AM-9:45AM	\$21 / \$42
	F	10:00AM-10:30AM	\$21 / \$42
JUNIOR PENGUINS HOCKEY 3-5 yrs	SA	2:00PM-3:00PM	\$60 / \$75
KEYSTONE MARTIAL ARTS: (2x per week) *Monthly registration required.			
Little Dragons 4-6 yrs	M & W	4:10PM-4:40PM	\$50 / \$95+
Mighty Dragons 4-6 yrs	TU & TH	4:10PM-4:40PM	\$50 / \$95+
KINDER KICKERS 3-5 yrs (Parent/child class) Indoors	TU	9:45AM-10:30AM	\$35 / \$40
	TU	10:45AM-11:30AM	\$35 / \$40
	TH	4:30PM-5:15PM	\$35 / \$40
	TH	5:30PM-6:15PM	\$35 / \$40
	SA	12:00PM-12:45PM	\$35 / \$40
	SU	1:00PM-1:45PM	\$35 / \$40
MINI MOVERS 2-4 yrs	TH	9:00AM-9:30AM	\$21 / \$42
	TH	2:00PM-2:30PM	\$21 / \$42
	SA	3:30PM-4:00PM	\$21 / \$42

ARTS & HUMANITIES

Nik Cubbison, Program Director:
x217 or ncubbison@bcfymca.org

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER
ART ADVENTURES 2-5 yrs	W	9:30AM-10:15AM	\$34 / \$68
	TH	9:45AM-10:30AM	\$34 / \$68
BOOK WORMS 3-6 yrs	TU	11:45AM-12:30PM	\$25 / \$50
	TH	10:45AM-11:30AM	\$25 / \$50
	SA	4:30PM-5:15PM	\$25 / \$50
DRUMS ALIVE® 3-6 yrs	M	11:15AM-12:00PM	\$17 / \$34
KIDS CAN COOK 3-5 yrs	TU	9:30AM-10:30AM	\$50 / \$70
	TU	12:30PM-1:30PM	\$50 / \$70
SAY IT WITH A SIGN 3-6 yrs	M	4:00PM-4:45PM	\$17 / \$34



YOUTH & TEEN REGISTRATION INFORMATION

5-17+ yrs old (*or 18 yrs still enrolled in high school) **Fall II Session: Oct. 22 – Dec. 23, 2017**

Registration: **Member:** October 7-19, 2017 | **Non-Member:** October 14-19, 2017

*No classes/programs on Thanksgiving, Thursday, November 23.

Registration dates apply to all programs unless otherwise noted.

Additional programs/classes that do not require registration may be available and will be on the facility schedules.

Program descriptions are available in the Preschool/Youth/Teen Program Guide. Schedule is subject to change.

All Fall II Youth/Teen programs/classes meet once per week for 7 weeks unless noted otherwise.

Preschool
Registration
information is on
the reverse side.

SAVE THE DATES!

View the event flyers for complete details.

- **Trunk or Treat:** Oct. 21, 3-5PM
- **Fall Ball:** Nov. 18, 5-7PM
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AQUATICS

Michelle Gonzalez, Aquatics Coordinator:
x218 or mgonzalez@bcfymca.org

PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) (\$147 Member / \$220 Non-Member)
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Youth/Teen Group Swim Lessons programs
are \$45 Member / \$90 Non-Member

LEVEL	DAY	TIME
1/ WATER ACCLIMATION	M	4:30PM-5:00PM
	W	4:30PM-5:00PM
	SA	9:00AM-9:30AM
	SA	11:20AM-11:50AM
2/ WATER MOVEMENT	M	5:05PM-5:35PM
	W	5:40PM-6:10PM
	SA	9:35AM-10:05AM
	SA	10:10AM-10:40AM
3/ WATER STAMINA	M	5:05PM-5:35PM
	W	5:05PM-5:35PM
	SA	10:10AM-10:40AM
	SA	10:45AM-11:15AM
4/ STROKE INTRODUCTION	W	4:30PM-5:00PM
	SA	9:35AM-10:05AM
5/ STROKE DEVELOPMENT	M	5:40PM-6:10PM
	W	5:05PM-5:35PM
	SA	9:00AM-9:30AM
	SA	10:45AM-11:15AM
6/ STROKE MECHANICS	M	5:05PM-5:35PM
	W	5:40PM-6:10PM
	SA	9:35AM-10:05AM
	SA	10:10AM-10:40AM

HEALTHY LIVING

Kathy Hensler, Healthy Living Director:
x226 or khensler@bcfymca.org

Ages 14+ yrs can attend group exercise & cycle classes. Ages 12-13 yrs may attend **Land Group Exercise** classes with a parent*. Ages 11-13 yrs may attend **Group Cycle** classes with a parent*. *Youth must not be a distraction to the adult class. Please view Adult Registration Information/Program Guide for all class details & descriptions.

Fall II Healthy Living teen programs run full session (9 weeks) unless noted.

CLASS & AGE	DAY	TIME	MEMBER/NON-MEMBER (DROP-IN)
TEEN TRX 13-17 yrs	TU *No class 10/31	5:30PM-6:00PM	FREE
YOUTH ESCAPE 7-12 yrs	Runs on scheduled no school days for SVSD.		\$20 / \$35 (\$3)
	10/9, 11/9, 11/10, 11/22, 11/27, 12/22, 12/27, 12/28, 12/29, & 1/2/18	9:30AM-10:30AM	
YOUTH/TEEN FITNESS 7-17 yrs	M TU W TH	4:30PM-5:30PM	\$50 / \$85 (\$3)
	•Mon: Yth. Speed & Agility •Tues: Yth. Strength & Conditioning •Wed: Yth. Speed & Agility •Thurs: Yth. Strength & Conditioning Attend every day or as often as you can!		

SPORTS & MOVEMENT

Nik Cubbison, Program Director:
x217 or ncubbison@bcfymca.org

CLASS, LEVEL & AGE		DAY	TIME	MEMBER/NON-MEMBER
KEYSTONE MARTIAL ARTS	Little Dragons 4-6 yrs	M & W (2x per week)	4:10PM-4:40PM	\$50 / \$95+
	Mighty Dragons 4-6 yrs	TU & TH (2x per week)	4:10PM-4:40PM	\$50 / \$95+
	Youth Beginner 7-13 yrs	TU, TH, & SA (3x per week)	TU/TH: 6:00PM-7:00PM SA: 9:00AM-10:00AM	\$60 / \$105+
	Youth Advanced 7-13 yrs	TU, TH, & SA (3x per week)	TU/TH: 7:00PM-8:00PM SA: 10:00AM-11:00AM	\$60 / \$105+
	Adult 14+ yrs	TU, TH, & SA (3x per week)	TU/TH: 8:00PM-9:00PM SA: 11:00AM-12:00PM	\$60 / \$105+
JUNIOR PENGUINS HOCKEY				
	3-5 yrs	SA	2:00PM-3:00PM	\$60 / \$75
	6-8 yrs	SA	3:00PM-4:00PM	\$60 / \$75
	9-12 yrs	SA	4:00PM-5:00PM	\$60 / \$75
PRIVATE SPORTS INSTRUCTION 8-17 yrs		Soccer or Volleyball. Schedule with Instructor (6 lessons)		\$120 / \$180
THE GOSPEL ACCORDING TO DISNEY 5-9 yrs		TU	5:00PM-5:45PM	\$25 / \$50
INTRO TO THEATER 5-11 yrs		TH	6:00PM-6:45PM	\$40 / \$70
		TH	7:00PM-7:45PM	\$40 / \$70

+ Monthly registration required.