



PRESCHOOL REGISTRATION INFORMATION

6 months through 5 years old Winter I: January 7 – February 24, 2018 (7 weeks)

Registration: Member: Dec. 2, 2017 – Jan. 4, 2018 | Non-Member: Dec. 9, 2017 – Jan. 4, 2018

Registration dates apply to all programs unless otherwise noted.

Additional programs/classes that do not require registration may be available and will be on the facility schedules.

Program descriptions are available in the Preschool/Youth/Teen Program Guide. Schedule is subject to change.

YOUTH & TEEN
REGISTRATION
INFORMATION IS ON
THE REVERSE SIDE.

SAVE THE DATES!

(Member / Non-Member)

- DIVE-IN MOVIE: Moana Fri., Jan. 19, 2018** Registration: 12/15/17-1/15/18 Free / \$5 per person
 Join us for a movie in the Aquatic Center! Put your swimsuits on and enjoy a good movie while playing in the pool.
- PRINCE COURT Fri., Feb. 16, 2018** Registration: 12/15/17-2/10/18 1 boy: \$25 / \$35 2+ boys: \$30 / \$40
- PRINCESS BALL Fri., March 2, 2018** Registration: 1/15/18-2/25/18 1 girl: \$25 / \$35 2+ girls: \$30 / \$40
 Dance the night away with your child(ren) and make memories they will never forget! Each evening will include a keepsake photo, an activity and refreshments.

AQUATICS

Michelle Gonzalez, Aquatics Coordinator:
x218 or mgonzalez@bcfymca.org

PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) \$147 Member / \$220 Non-Member
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Preschool Group Swim Lessons are \$45 Member / \$90 Non-Member
Winter Session I Group Swim Lessons run for 7 weeks.

	LEVEL	DAY	TIME
PARENT/ CHILD SWIM LESSONS	LEVEL A: WATER DISCOVERY	SA	9:35AM-10:05AM
	LEVEL B: WATER EXPLORATION	SA	10:10AM-10:40AM
	LEVEL A & B COMBINED	TH	1:00PM-1:30PM
1/ WATER ACCLIMATION		M	5:40PM-6:10PM
		W	5:05PM-5:35PM
		W	6:15PM-6:45PM
		TH	5:30PM-6:00PM
		SA	10:45AM-11:15AM
LEVEL 1 & 2 COMBINED		TH	12:15PM-12:45PM
2/ WATER MOVEMENT		M	4:30PM-5:00PM
		M	6:15PM-6:45PM
		W	4:30PM-5:00PM
		W	5:40PM-6:10PM
		TH	6:05PM-6:35PM
		SA	9:00AM-9:30AM
		SA	10:45AM-11:15AM
		SA	11:20AM-11:50AM
LEVEL 2 & 3 COMBINED	M		10:30AM-11:00AM
3/ WATER STAMINA		M	4:30PM-5:00PM
		W	4:30PM-5:00PM
		TH	5:30PM-6:00PM
		SA	9:00AM-9:30AM
		SA	11:20AM-11:50AM

SPORTS & MOVEMENT

Nik Cubbison, Program Director:
x217 or ncubbison@bcfymca.org

Winter Session I Sports & Movement programs run for 6 weeks;
January 15 – February 24, 2018

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER
BITTY INDOOR ALLSTARS (Parent/child class) 3-5 yrs	TU	10:30AM-11:15AM	\$35 / \$55
	W	5:30PM-6:15PM	\$35 / \$55
GYM JAMBOREE 2-5 yrs	F	9:15AM-9:45AM	\$25 / \$45
	F	10:00AM-10:30AM	\$25 / \$45
MINI MOVERS 2-4 yrs	TH	9:00AM-9:30AM	\$25 / \$45
	SA	3:30PM-4:00PM	\$25 / \$45

KEYSTONE MARTIAL ARTS: (doesn't run on session) *Monthly registration required.

Little Dragons 4-6 yrs	TU	4:15PM-5:00PM	\$50 / \$95+
Mighty Dragons 4-6 yrs	TH	4:15PM-5:05PM	\$50 / \$95+

ARTS & HUMANITIES

Nik Cubbison, Program Director:
x217 or ncubbison@bcfymca.org

Winter Session I Arts & Humanities programs run for 6 weeks;
January 15 – February 24, 2018

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER
ART ADVENTURES 2-5 yrs	W	9:30AM-10:15AM	\$35 / \$55
	TH	11:15AM-12:00PM	\$35 / \$55
BOOK WORMS 3-6 yrs	TU	11:15AM-12:00PM	\$35 / \$55
	SA	4:30PM-5:15PM	\$35 / \$55
DRUMS ALIVE® 3-6 yrs	M	11:15AM-12:00PM	\$25 / \$45
KIDS CAN COOK 3-5 yrs	TU	9:30AM-10:30AM	\$50 / \$70
	TU	12:30PM-1:30PM	\$50 / \$70



YOUTH & TEEN REGISTRATION INFORMATION

5-17+ yrs old (*or 18 yrs still enrolled in high school) **Winter I: Jan. 7 – Feb. 24, 2018 (7 weeks)**

Registration: Member: Dec. 2, 2017 – Jan. 4, 2018 | Non-Member: Dec. 9, 2017 – Jan. 4, 2018

Registration dates apply to all programs unless otherwise noted.

Additional programs/classes that do not require registration may be available and will be on the facility schedules.

Program descriptions are available in the Preschool/Youth/Teen Program Guide. Schedule is subject to change.

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THE REVERSE SIDE.

SAVE THE DATES!

View the reverse side for details (Member / Non-Member)

- **Dive-In Movie:** Fri., Jan. 19, 2018 Free / \$5 per person
Registration: 12/15/17 – 1/15/18
- **Prince Court:** Fri., Feb. 16, 2018 1 boy: \$25 / \$35
Registration: 12/15/17 – 2/10/18 2+ boys: \$30 / \$40
- **Princess Ball:** Fri., March 2, 2018 1 girl: \$25 / \$35
Registration: 1/15/18 – 2/25/18 2+ girls: \$30 / \$40

AQUATICS

Michelle Gonzalez, Aquatics Coordinator:
x218 or mgonzalez@bcfymca.org

PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) (\$147 Member / \$220 Non-Member)
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Youth/Teen Group Swim Lessons are \$45 Member / \$90 Non-Member
Winter Session I Group Swim Lessons run for 7 weeks.

LEVEL	DAY	TIME
1/ WATER ACCLIMATION	SA	11:20AM-11:50AM
2/ WATER MOVEMENT	M	5:05PM-5:35PM
	M	5:40PM-6:10PM
	W	5:40PM-6:10PM
	SA	9:35AM-10:05AM
3/ WATER STAMINA	SA	10:10AM-10:40AM
	M	5:05PM-5:35PM
	W	5:05PM-5:35PM
	SA	10:10AM-10:40AM
4/ STROKE INTRODUCTION	SA	10:45AM-11:15AM
	M	4:30PM-5:00PM
	W	4:30PM-5:00PM
	SA	9:35AM-10:05AM
5/ STROKE DEVELOPMENT	M	5:40PM-6:10PM
	W	5:05PM-5:35PM
	SA	9:00AM-9:30AM
	SA	10:45AM-11:15AM
6/ STROKE MECHANICS	M	5:05PM-5:35PM
	W	5:40PM-6:10PM
	SA	9:35AM-10:05AM
	SA	10:10AM-10:40AM

TEACHING HEALTHY HABITS

Home School Physical Education Program

All Inclusive Pass (monthly registration): \$40 Member | \$50 Non-Member

Swim: Tues 1:00-1:45PM or Thurs. 1:00-1:45PM

Fitness: Tues. 2:00-2:45PM | Sports: Thurs. 2:00-2:45PM

HEALTHY LIVING

Kathy Hensler, Healthy Living Director:

x226 or khensler@bcfymca.org

Ages 14+ yrs can attend group exercise & cycle classes. Ages 12-13 yrs may attend **Land Group Exercise** classes **with a parent***. Ages 11-13 yrs may attend **Group Cycle** classes **with a parent***.

*Youth must not be a distraction to the adult class. Please view Adult Registration Information and Adult Program Guide for all class details & descriptions.

Winter I Healthy Living Teen programs run for 7 weeks.

CLASS & AGE	DAY	TIME	MEMBER/NON-MEMBER (DROP-IN)
TEEN TRX 13-17 yrs	TU	6:00PM-6:30PM	FREE
YOUTH/TEEN FITNESS 7-17yrs	M TU W TH	4:30PM-5:30PM	\$39 / \$66 (\$3)
	·Mon: Cycling & Flexibility ·Tues: Strength & Conditioning ·Wed: Cycling & Flexibility ·Thurs: Strength & Conditioning Attend every day or as often as you can!		

SPORTS & HUMANITIES

Nik Cubbison, Program Director:

x217 or ncubbison@bcfymca.org

Winter Session I Sports & Humanities programs run for 6 weeks;
January 15 – February 24, 2018

CLASS, LEVEL & AGE	DAY	TIME	MEMBER/NON-MEMBER	
INTRO TO RACQUET SPORTS 5-8 yrs	M	4:30PM-5:15PM	\$50 / \$70	
	TU	4:15PM-5:00PM	\$50 / \$70	
INTRO TO THEATER 6-11 yrs	TH	6:00PM-6:45PM	\$40 / \$70	
PRIVATE SPORTS INSTRUCTION 8-17 yrs	Soccer or Volleyball. Schedule with Instructor (6 lessons)		\$120 / \$180	
SPEED & AGILITY PERFORMANCE TRAINING	7-11 yrs	W	4:30PM-5:15PM	\$50 / \$70
	12-16 yrs	TH	4:15PM-5:00PM	\$50 / \$70
THE GOSPEL ACCORDING TO DISNEY 5-9 yrs	TU	5:00PM-5:45PM	\$35 / \$55	
YOUTH BASKETBALL LEAGUE	5-6 yrs	TU	5:00PM-6:00PM	\$60 / \$80
	7-9 yrs	TH	5:00PM-6:00PM	\$60 / \$80

KEYSTONE MARTIAL ARTS: (doesn't run on session) *Monthly registration required.				
Little Dragons	4-6 yrs	TU	4:15PM-5:00PM	\$50 / \$95+
Mighty Dragons	4-6 yrs	TH	4:15PM-5:05PM	\$50 / \$95+
Youth Beginner	7-13 yrs	TU, TH, & SA (3x per week)	TU/TH: 6:00PM-7:00PM SA: 9:00AM-10:00AM	\$60 / \$105+
		TU, TH, & SA (3x per week)	TU/TH: 7:00PM-8:00PM SA: 10:00AM-11:00AM	\$60 / \$105+
Adult	14+ yrs	TU, TH, & SA (3x per week)	TU/TH: 8:00PM-9:00PM SA: 11:00AM-12:00PM	\$60 / \$105+