



PRESCHOOL REGISTRATION INFORMATION

Revised: 1/31/2018

6 months through 5 years old Winter II: February 25 – April 14, 2018 (7 weeks*)

*The Y will be closed Friday, March 30th (Good Friday) & Sunday, April 1st (Easter Sunday).

Registration: Member: February 10-22, 2018 | Non-Member: February 17-22, 2018

Registration & Session dates apply to all programs unless otherwise noted.

Additional programs/classes that do not require registration may be available and will be on the facility schedules.

Program descriptions are available in the Preschool/Youth/Teen Program Guide. Schedule is subject to change.

YOUTH & TEEN
REGISTRATION
INFORMATION IS ON
THE REVERSE SIDE.

SAVE THE DATES!

(Member / Non-Member)

- **PRINCE COURT** Fri., Feb. 16, 2018 Registration: 12/15/17-2/10/18 1 boy: \$25 / \$35 2+ boys: \$30 / \$40
 - **PRINCESS BALL** Fri., March 2, 2018 Registration: 1/15/18-2/25/18 1 girl: \$25 / \$35 2+ girls: \$30 / \$40
- Dance the night away with your child(ren) and make memories they will never forget! Each evening will include a keepsake photo, an activity & refreshments.

Y KIDS ACADEMY: 2018-2019

Karen Guise, Senior Program Director: x230 or kguise@bcfymca.org | Rhonda Brody, Preschool Teacher: rbrody@bcfymca.org

Enrollment for 2018-2019's Preschool Class (3-4 yrs) and Pre-K/Kindergarten Enrichment (4½-6 years) will be open Feb. 12 – Aug. 15, 2018 and requires a \$55 non-refundable deposit, which will be applied to student's first month's tuition. **Tuition** is \$55 per month, automatically drafted the 1st of each month, October 2018 – May 2019. **School Year** will run Tues., Sept. 4, 2018 – Thurs., May 23, 2019.

NEW for 2018-2019: Optional Extended Day Preschool! See flyer for complete details.

AQUATICS

Michelle Gonzalez, Aquatics Coordinator: x218 or mgonzalez@bcfymca.org

PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) \$161 Member / \$250 Non-Member
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Preschool Group Swim Lessons are \$45 Member / \$90 Non-Member
Winter Session II Group Swim Lessons run for 7 weeks.

LEVEL		DAY	TIME
PARENT/CHILD SWIM LESSONS	LEVEL A: WATER DISCOVERY	SA	9:35AM-10:05AM
	LEVEL B: WATER EXPLORATION	SA	10:10AM-10:40AM
	LEVEL A & B COMBINED	TH	1:00PM-1:30PM
1/WATER ACCLIMATION	M		5:40PM-6:10PM
	W		5:05PM-5:35PM
	W		6:15PM-6:45PM
	TH		5:30PM-6:00PM
	SA		10:45AM-11:15AM
LEVEL 1 & 2 COMBINED	TH		12:15PM-12:45PM
2/WATER MOVEMENT	M		4:30PM-5:00PM
	M		6:15PM-6:45PM
	W		4:30PM-5:00PM
	W		5:40PM-6:10PM
	TH		6:05PM-6:35PM
	SA		9:00AM-9:30AM
	SA		10:45AM-11:15AM
	SA		11:20AM-11:50AM
LEVEL 2 & 3 COMBINED	M		10:30AM-11:00AM
3/WATER STAMINA	M		4:30PM-5:00PM
	W		4:30PM-5:00PM
	TH		5:30PM-6:00PM
	SA		9:00AM-9:30AM
	SA		11:20AM-11:50AM

HEALTHY LIVING

Kathy Hensler, Healthy Living Director: x226 or khensler@bcfymca.org
Winter II Healthy Living Small Group Training Programs run for 7 weeks.

PARENT/CHILD PROGRAM	DAY	TIME	INSTRUCTOR	MEMBER/ NON-MEMBER (DROP-IN)
BABY & ME YOGA 8 weeks – 18 months	*No class 4/1 SU	10:00AM-11:00AM	Anne	*\$21 / \$38 (\$5)
PRENATAL YOGA	*No class 4/1 SU	11:00AM-12:00PM	Anne	*\$21 / \$38 (\$5)

SPORTS & MOVEMENT

Nik Cubbison, Program Director: x217 or ncubbison@bcfymca.org
Winter Session II Sports & Movement programs run for 6 weeks:
Friday, March 2 – Friday, April 13

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER
BITTY BASKETBALL (Parent/child class) 3-5 yrs	TU	10:30AM-11:15AM	\$35 / \$55
	W	5:30PM-6:15PM	\$35 / \$55
GYM JAMBOREE (Parent/child class) 2-5 yrs	No 3/30 F	9:15AM-9:45AM	\$25 / \$45
	No 3/30 F	10:00AM-10:30AM	\$25 / \$45

KEYSTONE MARTIAL ARTS: (doesn't run on session) *Monthly registration required.

Little Dragons 4-6 yrs	TU	4:15PM-5:00PM	\$50 / \$95+
Mighty Dragons 4-6 yrs	TH	4:15PM-5:05PM	\$50 / \$95+

ARTS & HUMANITIES

Nik Cubbison, Program Director: x217 or ncubbison@bcfymca.org
Winter Session II Arts & Humanities programs run for 6 weeks:
Friday, March 2 – Friday, April 13

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER
ART ADVENTURES 2-5 yrs	W	9:30AM-10:15AM	\$35 / \$55
	TH	11:05AM-11:50AM	\$35 / \$55
BOOK WORMS 3-6 yrs	TU	11:15AM-12:00PM	\$35 / \$55
	SA	4:30PM-5:15PM	\$35 / \$55
DRUMS ALIVE® 3-6 yrs	M	11:15AM-12:00PM	\$25 / \$45
KIDS CAN COOK 3-5 yrs	TU	9:30AM-10:30AM	\$50 / \$70
	TU	12:30PM-1:30PM	\$50 / \$70



YOUTH & TEEN REGISTRATION INFORMATION Revised: 1/31/2018

5-17+ yrs old (*or 18 yrs still enrolled in high school) **Winter II: Feb. 25 – Apr. 14, 2018 (7 weeks*)**

*The Y will be closed Friday, March 30th (Good Friday) & Sunday, April 1st (Easter Sunday).

Registration: Member: February 10-22, 2018 | **Non-Member:** February 17-22, 2018

Registration & Session dates apply to all programs unless otherwise noted.

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AMERICAN RED CROSS CERTIFICATIONS

Karen Guise, Senior Program Director: x230 or kguise@bcfymca.org
Michelle Gonzalez, Aquatics Coordinator: x218 or mgonzalez@bcfymca.org

See American Red Cross Certification flyers for course descriptions and prerequisites.

CLASS & AGE	DAY & TIME	REGISTRATION	MEMBER/ NON-MEMBER
LIFEGUARDING 15+ yrs	Fri., Feb. 9 (4PM-9PM)	Now – Feb. 1	Pretest: \$25 Course: \$175/\$200
	Sat., Feb. 10 (8AM-6PM)		
	Sun., Feb. 11 (8AM-3PM)		
BABYSITTING 11-15 yrs	Sat., Mar. 3 (9:30AM-4PM)	Feb. 1 – Mar. 1	\$70 / \$90

AQUATICS

Michelle Gonzalez, Aquatics Coordinator: x218 or mgonzalez@bcfymca.org

PRIVATE SWIM LESSONS 3+ yrs	Schedule with Instructor (7 lessons) \$161 Member / \$250 Non-Member
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Youth/Teen Group Swim Lessons are **\$45 Member / \$90 Non-Member**
Winter Session II Group Swim Lessons run for 7 weeks.

LEVEL	DAY	TIME
1/ WATER ACCLIMATION	SA	11:20AM-11:50AM
2/ WATER MOVEMENT	M	5:05PM-5:35PM
	M	5:40PM-6:10PM
	W	5:40PM-6:10PM
	SA	9:35AM-10:05AM
3/ WATER STAMINA	SA	10:10AM-10:40AM
	M	5:05PM-5:35PM
	W	5:05PM-5:35PM
	SA	10:10AM-10:40AM
4/ STROKE INTRODUCTION	SA	10:45AM-11:15AM
	M	4:30PM-5:00PM
	W	4:30PM-5:00PM
	SA	9:35AM-10:05AM
5/ STROKE DEVELOPMENT	M	5:40PM-6:10PM
	W	5:05PM-5:35PM
	SA	9:00AM-9:30AM
	SA	10:45AM-11:15AM
6/ STROKE MECHANICS	M	5:05PM-5:35PM
	W	5:40PM-6:10PM
	SA	9:35AM-10:05AM
	SA	10:10AM-10:40AM

HEALTHY LIVING

Kathy Hensler, Healthy Living Director: x226 or khensler@bcfymca.org

Ages 14+ yrs can attend group exercise & cycle classes. Ages 12-13 yrs may attend **Land Group Exercise** classes with a parent*. Ages 11-13 yrs may attend **Group Cycle** classes with a parent*. *Youth must not be a distraction to the adult class. Please view Adult Program Guide for all class descriptions and the Land Group Exercise Schedule for class days and times.

Winter II Healthy Living Teen programs run for 7 weeks.

CLASS & AGE	DAY	TIME	MEMBER/NON-MEMBER (DROP-IN)
YOUTH/TEEN FITNESS 7-17yrs	M TU W TH	4:30PM-5:30PM	\$39 / \$66 (\$3)
	·Mon: Cardio & Flexibility ·Tues: Strength & Conditioning ·Wed: Cardio & Flexibility ·Thurs: Strength & Conditioning Attend every day or as often as you can!		

SPORTS & HUMANITIES

Nik Cubbison, Program Director: x217 or ncubbison@bcfymca.org

PRIVATE SPORTS INSTRUCTION 8-17 yrs	Soccer or Volleyball. Schedule with Instructor (6 lessons) (\$120 Member / \$180 Non-Member)
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Winter Session II Sports & Humanities programs run for 6 weeks:
Friday, March 2 – Friday, April 13

CLASS, LEVEL & AGE	DAY	TIME	MEMBER/ NON-MEMBER	
BASKETBALL SKILLS ACADEMY 7-10 yrs	TH	5:00PM-6:00PM	\$50 / \$70	
	11-16 yrs	M	5:30PM-6:30PM	\$50 / \$70
INTRO TO RACQUET SPORTS 5-8 yrs	M	4:30PM-5:15PM	\$50 / \$70	
INTRO TO THEATER 6-11 yrs	TH	6:00PM-6:45PM	\$40 / \$70	
SPEED & AGILITY PERFORMANCE TRAINING	7-9 yrs	TH	4:15PM-5:00PM	\$50 / \$70
	10-16 yrs	W	4:30PM-5:15PM	\$50 / \$70
YOUTH INDOOR SOCCER LEAGUE	4-5 yrs	SA	12:00PM-1:00PM	\$60 / \$80
	6-7 yrs	SA	1:00PM-2:00PM	\$60 / \$80
	8-9 yrs	SA	2:00PM-3:00PM	\$60 / \$80

KEYSTONE MARTIAL ARTS: (doesn't run on session) *Monthly registration required.

Little Dragons 4-6 yrs	TU	4:15PM-5:00PM	\$50 / \$95+
Mighty Dragons 4-6 yrs	TH	4:15PM-5:05PM	\$50 / \$95+
Youth Beginner 7-13 yrs	TU, TH, & SA (3x per week)	TU/TH: 6:00PM-7:00PM SA: 9:00AM-10:00AM	\$60 / \$105+
Youth Advanced 7-13 yrs	TU, TH, & SA (3x per week)	TU/TH: 7:00PM-8:00PM SA: 10:00AM-11:00AM	\$60 / \$105+
Adult 14+ yrs	TU, TH, & SA (3x per week)	TU/TH: 8:00PM-9:00PM SA: 11:00AM-12:00PM	\$60 / \$105+