



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SERVING UP A HEALTHY COMMUNITY

## PICKLEBALL SCHEDULE

Winter I: January 6, 2019 - February 23, 2019

Try this increasingly popular sport that will provide you with a great workout while offering a very social and competitive game.

### ADULT PICK-UP SCHEDULE

DATE	TIME	COURT	
<b>Monday</b>	<b>5:30am-3:00pm</b> <b>11:00am-3:00pm</b>	<b>Court B</b> <b>Court A2</b>	<b>Social</b> <b>Challenger</b>
<b>Tuesday</b>	<b>8:00am-3:00pm</b> <b>11:00am-1:00pm</b>	<b>Court B</b> <b>Court A2</b>	<b>Social</b> <b>Challenger</b>
<b>Wednesday</b>	<b>8:00am-3:00pm</b> <b>11:30am-3:00pm</b>	<b>Court B</b> <b>Court A2</b>	<b>Social</b> <b>Challenger</b>
<b>Thursday</b>	<b>11:00am-4:00pm</b> <b>11:30am-3:00pm</b>	<b>Court B</b> <b>Court A2</b>	<b>Social</b> <b>Challenger</b>
<b>Friday</b>	<b>11:00am-4:00pm</b> <b>11:00am-3:00pm</b>	<b>Court B</b> <b>Court A2</b>	<b>Social</b> <b>Challenger</b>
<b>Sunday</b>	<b>8:00am-11:00am</b>	<b>Court B</b>	<b>Social</b>

*Court A/B 1 is the half nearest to the door to hallway; Court A/B 2 is the half nearest Ehrman Rd. Sports can be strenuous. Please consult your physician. By participating, you indicate that you have no physical condition or health problems.*

- **Social Pick-Up Pickleball:** Nets set up in Gym B are designated for social play. There are no ratings of players. Everyone is encouraged and welcome to play!
- **Challenger Pick-Up Pickleball:** Nets set up in Gym A are designated for competitive play. Those who would like to take their game to the next level and play competitively are welcome on these Challenger nets.

**NEW!!! FAMILY/BEGINNER  
OPEN PICKLEBALL TIME**  
Sundays 1:30pm-3:00pm

This is for families of all ages who want to play pickleball together! It is also a great time for a beginner adult player to come and play in a fun environment.

#### INTRO TO PICKLEBALL CLINICS

Wednesday, February 6<sup>th</sup> 12:00pm-2:00pm  
OR Wednesday, March 6<sup>th</sup> 12:00pm-2:00pm

Open to Rose E. Schneider Family YMCA and Butler YMCA members only. Registration is required and will be open through the date of clinic. See reverse side for clinic description.

**The Y is made up of people of all ages and from every walk of life working side by side to strengthen communities. Together we work to ensure that everyone has the opportunity to reach their full potential with dignity. Caring, honesty, respect and responsibility—our core values—guide everything we do.**

## **ABOUT THE GAME**

Pickleball is played on a badminton court using a perforated plastic ball. The game is easy for beginners to learn, but can develop into a quick, fast-paced game for experienced players.

- All games are played to 9 and win by 2.
- To reserve a spot, place paddles beside the nets' game signs on the bleachers. Each net will have its own game signs as follows: Blue (4 paddles), White (4 paddles), and Red (4 paddles).
- Players are not permitted to touch other players' paddles. If this happens, they will be asked to leave the court immediately.
- Four players can't over rule a paddle that is already there; they must take the next completely open game position. *For example: if 4 paddles are already in Blue and one paddle is in White, the 4 players who want to play together must take the open Red.*
- Once a game is over, the "next up" cone will move to the next color, and the next four paddles will enter a game. Players are not permitted to touch other players' paddles.
- Masking tape and a sharpie will be provided if you would like to mark your paddle prior to setting it down.
- Nets will be taken down promptly at the end of the scheduled time. It is suggested to not start a new game if there are less than 10 minutes of play time remaining.

## **THE COURT**

A pickleball court measures 20x44 feet. In pickleball, the same court is used for both singles and doubles play. The net height is 36 inches at the sidelines and 34 inches in the middle.

## **THE EQUIPMENT**

When playing Pickleball, each player uses a pickleball paddle, which is similar to a ping-pong paddle, but larger in size. The ball itself is unique, with holes through it like a wiffleball; there are different ball models intended for indoor and outdoor play. The ball travels at 1/3 the speed of a tennis ball.

## **WHEN, WHERE AND HOW MUCH**

As a member of the Rose E. Schneider Family YMCA or Butler YMCA, pickleball is offered at no charge. For all other guests, the fee is \$10.00 per day. All pickleball participants will need to ask for a Pickleball Pass while checking-in at the Member Service Desk, and will turn in the pass when signing in at the courts. Open pickleball days and times are available on the Pickleball Schedule.

## **INTRO TO PICKLEBALL CLINICS**

These clinics are designed for the new player looking to improve their knowledge of the game while meeting new people and building relationships. This is a single day class, offered once a month, that teaches the basic techniques and rules of the game.

## **FOR MORE INFORMATION**

Contact Ashley Vranick, Youth and Family Director at 724.452.9122 x217 or [avranick@bcfymca.org](mailto:avranick@bcfymca.org)