



# GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Winter 1: January 6 - February 23, 2019

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30	CLOSED		Open Gym 5:30am-9:30am	Pickleball 5:30am-3:00pm	Open Gym 5:30am-9:30am	Men's Pick-up Basketball 5:30am-7:30am	Open Gym 5:30am-9:00am	Men's Pickup Basketball 5:30am-7:30am
6:00								
6:30								
7:00								
7:30								
8:00	Open Gym 8:00am- 3:00pm	Pickleball 8:00am-11:00am	HEAT 9:30am-10:30am	Pickleball 5:30am-3:00pm	Tough Mothers 9:30am-10:30am	Open Gym 7:30am-8:00am	HEAT 9:00am-10:00am	Pickleball 8:00am-3:00pm
8:30								
9:00								
9:30		Open Gym 10:30am-11:00am	Pickleball 11:00am-1:00pm	(1/2 court will be open gym)	Open Gym 10:30am-11am	Pickleball 8:00am-3:00pm	Programs 10:00am-11:30am	
10:00								
10:30		Birthday Parties * 11:00am-1:30pm	Pickleball 11:00am-3:00pm	(1/2 court will be open gym)	Home School Program 1:00pm-2:00pm	Pickleball 11:30am-3:00pm	(1/2 court will be open gym)	
11:00								
11:30								
Noon								
12:30								
1:00	Pickleball 1:30pm-3:00pm	Open Gym 3:00pm-4:30pm	Open Gym 3:00pm-5:30pm	Open Gym 2:00pm-5:00pm	Open Gym 3:00pm-6:00pm	Open Gym 3:00pm-5:30pm	Open Gym 3:00pm-5:00pm	
1:30								
2:00	CLOSED	Program 4:30pm-5:30pm	Open Gym 5:30pm-6:30pm	Programs 5:30pm-7:00pm	Programs 5:00pm-7:00pm	Programs 5:30pm-7:30pm	Programs 5:30pm-6:30pm	
2:30								
3:00								
3:30		Open Gym 7:00pm-10:00pm	Open Gym 7:00pm-10:00pm	Open Gym 7:00pm-10:00pm	Karate 6:00pm-10:00pm	Women's Pick Up Basketball 7:30pm-10:00pm		Open Gym 6:30pm-10:00pm
4:00								
4:30		Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm		Open Gym 8:00pm-10:00pm
5:00								
5:30		Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm		Open Gym 8:00pm-10:00pm
6:00								
6:30		Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm		Open Gym 8:00pm-10:00pm
7:00								
7:30	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm		
8:00								
8:30	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm		
9:00								
9:30	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm	Open Gym 8:00pm-10:00pm		

**Open Gym**  
Categorized as free time for basketball and volleyball play, for ages 8 and older.

**PROGRAMS HAVE PRIORITY OF GYM USAGE**  
**SCHEDULE IS SUBJECT TO CHANGE**

**Gym Guidelines & Open Gym Rules**

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
  - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
  - Youth 7 and younger must be accompanied by an adult.
  - Full Court play may be restricted when only one court is open.
- When Birthday Parties are not requested, court is available for Open Gym

**Ashley Vranick Youth and Family Director**  
 avranick@bcfymca.org  
 724-452-9122 x217



# GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Winter 1: January 6- February 23, 2019

	THURSDAY		FRIDAY		SATURDAY	
	CT A	CT B	CT A	CT B	CT A	CT B
5:30	Open Gym 5:30am-10:00am	Open Gym 5:30am-9:30am	Open Gym 5:30am-9:30am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-9:00am	
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00						
9:30	Programs 10:00am-11:30am	Tough Mothers 9:30am-11:00am	HEAT 9:30am-10:30am	Programs 9:00am-11:00am	Karate 9:00am-1:00pm	
10:00			Open Gym 10:30am-11:00am			
10:30	Pickleball 11:30am-3:00pm  (1/2 court will be open gym)	Pickleball 11:00am-4:00pm	(1/2 court will be open gym)	Pickleball 11:00am-4:00pm		Open Gym 9:00am-8:00pm
11:00						
11:30						
Noon						
12:30						
1:00						
1:30						
2:00						
2:30	Open Gym 3:00pm-5:00pm	Open Gym 4:00pm-6:00pm	Open Gym 3:00pm-6:00pm	Open Gym 4:00pm-5:30pm	Open Gym 3:30pm-5:00pm	
3:00						
3:30	Programs 5:00pm- 9:00pm	Karate 6:00pm-10:00pm	Open Gym 6:30pm-10:00pm	Programs 5:30pm-6:30pm	Birthday Parties* 1:00pm-3:30pm	
4:00						
4:30						
5:00						
5:30						
6:00						
6:30						
7:00						
7:30	Open Gym 9:00pm-10:00pm				Open Gym 6:30pm-8:00pm	
8:00						
8:30					CLOSED	
9:00						
9:30						

**Adult Volleyball League will run February 19-April 25, 2019 (10 weeks) on Tuesdays and Thursdays 6:00pm-10:00pm in Gym A.**

**Parents Night Out: January 25th and February 22nd.**

**\*When Birthday Parties are not requested, court is available for Open Gym.**

**NO FOOD, DRINKS, OR GUM allowed in the gym.**