



# GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Makali Carson, Sports Coordinator  
resysports@bcfymca.org

October 2 - November 5, 2022

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY								
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B							
5:30	CLOSED		Open Gym 5:30am-9:00am	Open Gym 5:30am-7:00am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-7:30am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-7:30am							
6:00															
6:30															
7:00															
7:30															
8:00	Open Gym 8:00am-3:00pm	Pickleball 8:00am-3:00pm	Land Group Exercise 9:00am-10:30am	Pickleball 7:00am-1:00pm	Land Group Exercise 9:30am-10:30am	Open Gym 7:30am-9:30am	Net Set-Up 7:30am-8:00am	Open Gym 7:30am-9:00am							
8:30															
9:00															
9:30															
10:00															
10:30															
11:00															
11:30															
Noon															
12:30															
1:00	Birthday Parties* 11:00am-1:30pm					Open Gym 10:30am-5:30pm		Open Gym 10:30am-4:30pm							
1:30															
2:00															
2:30															
3:00															
3:30															
4:00															
4:30															
5:00															
5:30															
6:00	CLOSED		Open Gym 1:00pm-5:00pm			Open Gym 2:00pm-5:00pm	School Vacation Care 10/5 2:30pm-3:30pm	Open Gym 2:00pm-5:00pm							
6:30															
7:00															
7:30															
8:00															
8:30															
9:00															
9:30															

\*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.

**PROGRAMS HAVE PRIORITY OF GYM USAGE**

**OUTSIDE PROGRAMS MAY COME IN DUE TO WEATHER DURING OPEN GYM**

**SCHEDULE IS SUBJECT TO CHANGE**

**Gym Guidelines & Open Gym Rules**

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
  - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
  - Youth 7 and younger must be accompanied by an adult.
- Full Court play may be restricted when only one court is open.

**NO FOOD, DRINKS, OR GUM allowed in the gym.**



# GYMNASIUM SCHEDULE

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October 2 - November 5, 2022

	THURSDAY		FRIDAY		SATURDAY	
	CT A	CT B	CT A	CT B	CT A	CT B
5:30	<b>Open Gym</b> 5:30am-9:30am	<b>Open Gym</b> 5:30am-7:30am	Men's Pickup Basketball 5:30am-7:30am	<b>Open Gym</b> 5:30am-10:30am	<b>Open Gym</b> 5:30am-9:00am	
6:00						
6:30						
7:00						
7:30		Net Set-Up 7:30am-8:00am	<b>Open Gym</b> 7:30am-9:00am			
8:00						
8:30	Land Group Exercise 9:30am-10:30am	Land Group Exercise 9:00am-10:30am	Net Set-Up 10:30am-11:00am	<b>Open Gym</b> 9:00am-12:00pm	Karate 9:00am-12:00pm	
9:00						
9:30		Pickleball 8:00am-2:00pm	Gym Set-Up 10:30am-11:00am	Pickleball Program 11:00am-1:00pm		
10:00			Youth & Family Program 11:00am-12:00pm			
10:30	<b>Open Gym</b> 10:30am-5:30pm		<b>Open Gym</b> 12:00pm-1:00pm	<b>Open Gym</b> 1:00pm-5:30pm	<b>Open Gym</b> 12:00pm-6:00pm	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Birthday Parties* 12:00pm-5:30pm         </div>
11:00						
11:30						
Noon						
12:30						
1:00						
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						
5:30	Net Set-Up 5:30pm-6:00pm	Net Set-Up 5:30pm-6:00pm	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Family Night at the Y 10/28 5:00pm-9:00pm         </div>	<b>Open Gym</b> 5:30pm-10:00pm	CLOSED	
6:00	Adult Volleyball Program 6:00pm-10:00pm	Adult Volleyball Program 6:00pm-10:00pm				<div style="border: 1px solid black; padding: 5px; text-align: center;">           Parents Night Out 10/7, 10/14, 10/21, 11/4 6:30pm-8:00pm         </div>
6:30			Karate 5:00pm-9:00pm			
7:00						
7:30						
8:00						
8:30	<b>Open Gym</b> 9:00pm-10:00pm					
9:00						
9:30						

**SCHEDULED GYM CLOSURES:**

- \*Wednesday October 5th & Monday October 10th, Gym A will be closed from 2:30-3:30pm for School Vacation Care
- \*Friday October 7th, 14th, 21st and November 4th Gym A will be closed from 6:30-8:30pm for Parents Night Out
- \*Friday October 28th Gym A will be closed from 5:00pm-9:00pm for Family Night at the Y