



NURTURE – INSPIRE – MOTIVATE

Youth & Teen Registration Information & Program Guide

LEARN MORE



6–17 years old | Session 1: Feb. 14–Mar. 27, 2021 (6 weeks) Schedule is subject to change.

Registration: Member: Jan. 30–Feb. 8, 2021 | Non-Member: Feb. 1–8, 2021 (unless otherwise noted.)

SCHOOL VACATION CARE: Jan. 18th | Apr. 1st | Apr. 5th 7:00AM–6:00PM Member & Non-Member: \$35 per day

On scheduled days off of school, students in grades K–6th can join us for swimming, arts & crafts, games, sports, and so much more! Participants must bring a packed breakfast & lunch, swimming attire & towel, tennis shoes and a water bottle. Registration is open now! Plan ahead – spots are limited.

SWIM LESSONS Group Swim Lessons meet twice a week for 4 weeks (7 lessons) unless otherwise noted. Leigh Riemer, Swim Lesson Coordinator: x218 | RESYLearnToSwim@bcfymca.org

GROUP SWIM LESSONS		AGES	DAY	TIME	MEMBER/NON-MEMBER
YOUTH/TEEN	1/ WATER ACCLIMATION	6–17 yrs	M & W	4:30PM–5:00PM	\$55 / \$100
			TU & TH	5:10PM–5:40PM	\$55 / \$100
	2/ WATER MOVEMENT	6–17 yrs	M & W	5:10PM–5:40PM	\$55 / \$100
			TU & TH	5:50PM–6:20PM	\$55 / \$100
	3/ WATER STAMINA	6–17 yrs	M & W	5:50PM–6:20PM	\$55 / \$100
			TU & TH	4:30PM–5:00PM	\$55 / \$100
	4/ STROKE INTRODUCTION	6–17 yrs	M & W	4:30PM–5:10PM	\$55 / \$100
5&6/ STROKE DEVELOPMENT & MECHANICS	6–17 yrs	M & W	5:15PM–5:55PM	\$55 / \$100	
FUNDAMENTALS OF COMPETITIVE SWIMMING	6–9 yrs	TU & TH	4:30PM–5:10PM	\$55 / \$100	
	10–17 yrs	TU & TH	5:15PM–5:55PM	\$55 / \$100	
PRIVATE SWIM LESSONS		3+ yrs	Seven (7) 30-minute lessons. To register, submit the form online.		\$185 / \$265

HOMESCHOOL GYM & SWIM Each class meets once a week for 6 (six) weeks. Kathy Hensler, Healthy Living Director: x226 | khensler@bcfymca.org Leigh Riemer, Swim Lesson Coordinator: x218 | RESYLearnToSwim@bcfymca.org

COURSE	AGES	DAY	TIME	MEMBER/NON-MEMBER
HOMESCHOOL GYM	6–17 yrs	TH	2:30PM–3:30PM	\$35 / \$70 (\$10)
HOMESCHOOL SWIM	6–17 yrs	M	2:00PM–3:00PM	\$18 / \$36 (no drop-in)

HEALTH & FITNESS Kathy Hensler, Healthy Living Director: x226 | khensler@bcfymca.org

14+ years old may attend group exercise and cycle classes! 12–13 years old may attend classes with a parent. Youth must be at least 4'4" for proper bike fit.

CLASS & AGES <small>(Youth Health & Fitness classes run for 6 weeks)</small>	LOCATION	DAY	TIME	MEMBER / NON-MEMBER (DROP-IN)	
ABOVE & BEYOND	11–15 yrs	In-house	M & W	4:30PM–5:15PM	\$75 / \$150 (\$8)
SPEED AND AGILITY PERFORMANCE TRAINING	7–10 yrs	In-house	TU	5:15PM–6:00PM	\$45 / \$90 (\$8)
	11–15 yrs	In-house	TU	4:30PM–5:15PM	\$45 / \$90 (\$8)

YOUTH & FAMILY Ashley Vranick, Youth & Family Director: x217 | avranick@bcfymca.org

REGISTRATION IS OPEN NOW! **YOUTH/TEEN SPORTS** Classes run 6 weeks, unless otherwise noted.

CLASS & AGE	DAY	TIME	MEMBER/ NON-MEMBER	
CO-ED BASKETBALL	6–8 yrs	M	6:15PM–7:00PM	\$25 / \$35
CO-ED FLOOR HOCKEY	5–7 yrs	M	7:00PM–7:45PM	\$25 / \$35
	8–10 yrs	M	7:45PM–8:30PM	\$25 / \$35
CO-ED SOCCER	5–7 yrs	W	7:00PM–7:45PM	\$35 / \$45
	8–10 yrs	W	7:45PM–8:30PM	\$35 / \$45
INDOOR BASEBALL/ SOFTBALL CLINIC	Co-ed, 5–6 yrs	SA	9:00AM–9:45AM	\$25 / \$35
	Co-ed, 7–8 yrs	SA	9:45AM–10:30AM	\$25 / \$35
	Girls, 9–10 yrs	SA	10:30AM–11:30AM	\$35 / \$45
	Boys, 9–10 yrs	SA	11:30AM–12:30PM	\$35 / \$45
BEGINNER YOUTH/TEEN VOLLEYBALL CLINIC	9–14 yrs	W	6:00PM–6:45PM	\$25 / \$35
YOUTH/TEEN COMPETITIVE VOLLEYBALL	12–17 yrs	W	6:45PM–8:00PM	\$35 / \$45
KARATE – see pamphlet for program details! Monthly registration required.				

REGISTRATION IS OPEN NOW! **YOUTH/TEEN ARTS & HUMANITIES** Classes run 6 weeks, unless otherwise noted.

CLASSES	AGES	DAY	TIME	MEMBER/ NON-MEMBER
PARENTS NIGHT OUT	6–12 yrs	Fri.: 1/15, 1/22, 2/5, 2/12, 3/12, 3/19	5:00PM–9:00PM	\$15 / \$25 per date
SAT/ACT PREP CLASS (VIRTUAL)	15+ yrs	TH	6:00PM–8:00PM	\$150 / \$150 (returning students: \$100)
VALENTINE'S DAY WORKSHOP	6–12 yrs	Tues., Feb. 9 th	6:00PM–7:30PM	\$5 / \$15
YOUTH CAN COOK	6–12 yrs	TH	6:30PM–7:30PM	\$30 / \$35
YOUTH STEAM	6–12 yrs	T (5 weeks)	6:00PM–7:30PM	\$20 / \$30