



NURTURE - INSPIRE - MOTIVATE

Youth & Teen Registration Information & Program Guide

6-17 years old | Session 6: September 12-October 30, 2021 (7 weeks) Schedule is subject to change.

Registration: Member: Aug. 21-Sept. 3, 2021 | Non-Member: Aug. 23-Sept. 3, 2021 (unless otherwise noted.)

LEARN MORE



SCHOOL VACATION CARE AVAILABILITY: Mon. 8/23 • Tues. 8/24 • Mon. 10/11 Cost per day: \$35/member | \$50/non-member

SAVE THE DATES! ON THE COURSE FOR A CAUSE 21st Annual Fore The Children Golf Classic: Mon. 9/20 • Trunk or Treat: Sat. 10/23

UPCOMING CERTIFICATIONS: (see flyer for details) Lifeguard: 9/8, 9/10, 9/11 & 9/12 • CPR/AED & First Aid: 10/3

Youth Program Policy (effective 09/12/2021): Youth 7 years and younger must have an adult 18+ remain in the facility during programs.

SWIM LESSONS

Group Swim Lessons meet twice a week for 4 weeks (7 lessons) unless otherwise noted.

Leigh Riemer, Swim Lesson Coordinator: x218 | resylearttoswim@bcfymca.org

GROUP SWIM LESSONS		AGES	DAY			TIME	MEMBER/NON-MEMBER	
YOUTH/TEEN	1/ Water Acclimation	6-17 yrs		TU	&	TH	5:50PM-6:20PM	\$55 / \$100
	2/ Water Movement	6-17 yrs	M	&	W		5:10PM-5:40PM	\$55 / \$100
	3/ Water Stamina	6-17 yrs	M	&	W		5:50PM-6:20PM	\$55 / \$100
				TU	&	TH	4:30PM-5:00PM	\$55 / \$100
	4/ Stroke Introduction	6-17 yrs	M	&	W		4:30PM-5:10PM	\$55 / \$100
	5&6/ Stroke Development & Mechanics	6-17 yrs	M	&	W		5:15PM-5:55PM	\$55 / \$100
Fundamentals Of Competitive Swimming	6-9 yrs		TU	&	TH	4:30PM-5:10PM	\$55 / \$100	
	10-17 yrs		TU	&	TH	5:15PM-5:55PM	\$55 / \$100	
PRIVATE SWIM LESSONS		3+ yrs	Seven (7) 30-minute lessons. To register, submit the form online.				\$185 / \$265	

HEALTH & FITNESS

Kathy Hensler, Healthy Living Director: x226 | khensler@bcfymca.org

14+ years old may attend group exercise and cycle classes! 12-13 years old may attend classes with a parent. Youth must be at least 4'4" for proper bike fit.

CLASS & AGES (Youth Health & Fitness classes run for 7 weeks)	LOCATION	DAY	TIME	MEMBER / NON-MEMBER (DROP-IN)	
Above & Beyond	11-15 yrs	Outside	M & W	4:30PM-5:15PM	\$80 / \$160 (\$10)
Speed And Agility Performance Training	7-10 yrs	Outside	TU	5:15PM-6:00PM	\$60 / \$120 (\$10)
	11-15 yrs	Outside	TU	4:30PM-5:15PM	\$60 / \$120 (\$10)

Makali Carson, Sports Coordinator: resysports@bcfymca.org

Leigh Riemer, Swim Lesson Coordinator: x218 | resylearttoswim@bcfymca.org

HOMESCHOOL GYM & SWIM

COURSE	AGES	DAYS	TIME	MEMBER/ NON-MEMBER
Homeschool Swim	6-17 yrs	M & W	1:00PM-2:00PM	\$40 / \$60

COURSE	AGES	DAYS	TIME	MEMBER/ NON-MEMBER
Homeschool Gym	5-17 yrs	TU & TH	1:00PM-2:00PM	\$40 / \$60

YOUTH & FAMILY

Ashley Vranick, Youth & Family Director: x217 | avranick@bcfymca.org

KEYSTONE MARTIAL ARTS	AGES	DAY	TIME	MEMBER/NON-MEMBER		
Youth Beginner	7-13 yrs	TU, TH & SA	TU & TH: 6:30PM-7:30PM / SA: 10:00AM-11:00AM	Monthly: \$60 / \$105		
Teen & Adult	13+ yrs	TU, TH & SA	TU & TH: 7:30PM-8:30PM / SA: 11:00AM-12:00PM	Monthly: \$60 / \$105		
ARTS & HUMANITIES	AGES	DAY	DATES	TIME	MEMBER/NON-MEMBER	
Art Club:	Emerging Artists	5-8 yrs	M	9/13-10/18 (6 weeks)	5:00PM-6:00PM	\$35 / \$50
	Art Masters	8-12 yrs	M	9/13-10/18 (6 weeks)	5:00PM-6:00PM	\$35 / \$50
	Artists-in-Residence	11-15 yrs	SA	9/18-10/23 (6 weeks)	2:00PM-3:00PM	\$35 / \$50
College Prep Workshops (Virtual)	15-18 yrs	Build Your College List • Personal Statements/Essay Writing • College Application Assistance (See Tricycle Learning flyer for program details)				
Family Night at the Y (parent-child)	All ages	F	9/3: Back to School 10/29: Halloween	6:00PM-9:00PM	Free (members only)	
Halloween Bingo	6-12 yrs	TH	10/28	6:00PM-7:30PM	\$8 / \$15	
Paint a Canvas – Fall Edition	6-12 yrs	W	10/27	6:00PM-7:30PM	\$8 / \$15	
Parents Night Out	3-12 yrs	F	9/10, 9/17, 9/24, 10/8, 10/15, 10/22	5:00PM-9:00PM	Each date: \$15 / \$25	
SAT/ACT Prep	15-18 yrs	TH	9/16-10/21 (6 weeks)	6:00PM-8:00PM	\$300 / \$300 (returning student: \$250)	
Youth Activity Club	6-10 yrs	TU & TH	9/14-10/26 (7 weeks)	6:00PM-7:30PM	\$25 (members only)	
Youth Can Cook	6-12 yrs	W	9/15-10/20 (6 weeks)	5:00PM-6:00PM	\$40 / \$55	
		W	9/15-10/20 (6 weeks)	6:30PM-7:30PM	\$40 / \$55	
Youth STEM	6-12 yrs	TU	9/14-10/19 (6 weeks)	5:00PM-6:00PM	\$35 / \$50	
		TH	9/16-10/21 (6 weeks)	5:00PM-6:00PM	\$35 / \$50	
YOUTH/TEEN SPORTS	AGES	DAY	DATES	TIME	MEMBER/NON-MEMBER	
Girls Got Game (Outdoor)	6-9 yrs	M	9/13-10/18 (6 weeks)	6:00PM-7:00PM	\$35 / \$50	
	10-15 yrs	M	9/13-10/18 (6 weeks)	7:15PM-8:15PM	\$35 / \$50	
Youth Coach Pitch Baseball	6-7 yrs	TU	9/14-10/19 (6 weeks)	6:00PM-7:00PM	\$35 / \$50	
Youth/Teen Volleyball Clinics	Beginner 9-14 yrs	W	9/15-10/20 (6 weeks)	5:00PM-6:00PM	\$35 / \$50	
	Intermediate 10-15 yrs	W	9/15-10/20 (6 weeks)	6:15PM-7:15PM	\$35 / \$50	
	Competitive 12-17 yrs	W	9/15-10/20 (6 weeks)	7:30PM-8:30PM	\$35 / \$50	
Youth Basketball	6-7 yrs	M	9/10-10/18 (6 weeks)	6:00PM-7:00PM	\$35 / \$50	
	8-10 yrs	M	9/10-10/18 (6 weeks)	7:15PM-8:15PM	\$35 / \$50	
Youth Futsal Clinic	6-7 yrs	SA	9/18-10/23 (6 weeks)	10:00AM-11:00AM	\$35 / \$50	
	8-10 yrs	SA	9/18-10/23 (6 weeks)	11:15AM-12:15PM	\$35 / \$50	
PRIVATE SPORT INSTRUCTION	6-17 yrs	Sports Offered: Basketball & Soccer Schedule dates with instructor			\$185 / \$225	