



NURTURE - INSPIRE - MOTIVATE

Youth & Teen Registration Information & Program Guide



Learn More

6-17 years old | **SESSION 6: July 10-August 27, 2022** Schedule is subject to change.

Session 6 Registration FOR ALL PROGRAMMING: Member: June 24-July 4 | Non-Member: June 27-July 4

SAVE THE DATES!

FORE THE CHILDREN GOLF CLASSIC
Monday, August 1st
<https://bcfymca.org/Golf>

MOVIE IN THE FIELD
Friday, August 19th 5PM-10PM
Members only!

BUTLER ROAD RACE
Saturday, September 3rd
<https://bcfymca.org/Butler-Road-Race>

REACH & RISE®

Our FREE youth group-mentoring program helps empower youth ages 6-17 in overcoming challenges. (See flyer for program details)

Youth Program Policy (effective 09/12/2021): Youth 7 years and younger must have an adult 18+ remain in the facility during programs.

SWIM LESSONS

Group Swim Lessons meet twice a week for 4 weeks (7 lessons) unless otherwise noted.

resyaquatics@bcfymca.org | x218

Classes run July 11-August 4 (7 Lessons/4 weeks)

GROUP SWIM LESSONS		AGES	DAY			TIME	MEMBER/NON-MEMBER
YOUTH/TEEN	1/ Water Acclimation	6-17 yrs	M	&	W	4:30PM-5:00PM	\$55 / \$100
	2/ Water Movement	6-17 yrs	M	&	W	5:10PM-5:40PM	\$55 / \$100
	3/ Water Stamina	6-17 yrs	M	&	W	5:50PM-6:20PM	\$55 / \$100
	4/ Stroke Introduction	6-17 yrs	M	&	W	4:30PM-5:10PM	\$55 / \$100
	5&6/ Stroke Development & Mechanics	6-17 yrs	M	&	W	5:15PM-5:55PM	\$55 / \$100

HEALTH & FITNESS

resyhealthyliving@bcfymca.org | Kathy Hensler, Healthy Living Director: x226

14+ years old may attend group exercise and cycle classes! 12-13 years old may attend classes with a parent. Youth must be at least 4'4" for proper bike fit. Classes run July 10-August 27 (7 weeks) unless otherwise noted.

CLASS & AGES (Youth Health & Fitness classes run for 7 weeks)	AGES	DAY	TIME	MEMBER / NON-MEMBER (DROP-IN)
Above and Beyond	10-15 yrs	M & W	4:00PM-5:00PM	\$100 / \$200 (\$10)
Speed And Agility Performance Training	11-15 yrs	TU	4:30PM-5:15PM	\$45 / \$90 (\$10)
Kids Yoga	6-9 yrs	M	10:40AM-11:25AM	\$45 / \$90 (\$10)

YOUTH & FAMILY

resyyouth@bcfymca.org | Barbara Palmer, Youth & Family Director: x217

KEYSTONE MARTIAL ARTS	AGES	DAY	TIME	MEMBER/NON-MEMBER
Youth Beginner	7-13 yrs	TU, TH & SA	TU & TH: 6:45PM-7:45PM / SA: 9:30AM-10:30AM	Monthly: \$65 / \$110
Youth Advanced	7-13 yrs	TU, TH & SA	TU & TH: 7:45PM-9:00PM / SA: 10:30AM-12:00PM	Monthly: \$65 / \$110
Teen & Adult	14+ yrs	TU, TH & SA	TU & TH: 7:45PM-9:00PM / SA: 10:30AM-12:00PM	Monthly: \$65 / \$110

ARTS & HUMANITIES	AGES	DAY	DATES	TIME	MEMBER/NON-MEMBER
Parents Night Out	3-12 yrs	F	• 7/15 • 7/22 • 7/29 • 8/5 • 8/12 • 8/26	5:00PM-9:00PM	Each date: \$15 / \$25
Youth Workshops	6-12 yrs	TH	7/14: STEM Challenges	6:00PM-7:30PM	\$5 / \$10
		TH	7/21: Guided Canvas Painting	6:00PM-7:30PM	\$5 / \$10
		TH	7/28: Wearable Creations	6:00PM-7:30PM	\$5 / \$10
		TH	8/4: Open Makerspace	6:00PM-7:30PM	\$5 / \$10
		TH	8/11: Fun & Games	6:00PM-7:30PM	\$5 / \$10
		TH	8/18: Back to School	6:00PM-7:30PM	\$5 / \$10