



GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Makali Carson, Sports Coordinator
resysports@bcfymca.org

August 28 - October 1, 2022

The Y will be closed on Labor Day, 9/5.

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY					
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B				
5:30	CLOSED		Open Gym 5:30am-9:00am	Open Gym 5:30am-7:00am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-8:00am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-8:00am				
6:00												
6:30												
7:00												
7:30												
8:00	Open Gym 8:00am-3:00pm		Pickleball 8:00am-3:00pm	Pickleball Clinic 11:00am-1:00pm	Open Gym 7:30am-9:30am	Open Gym 7:30am-9:00am	Open Gym 7:30am-9:00am	Open Gym 7:30am-9:00am				
8:30												
9:00												
9:30									Land Group Exercise 9:00am-10:30am	Pickleball 7:00am-1:00pm	Land Group Exercise 9:30am-10:30am	Land Group Exercise 9:00am-10:30am
10:00												
10:30												
11:00												
11:30												
Noon												
12:30												
1:00	CLOSED		Open Gym 1:00pm-5:00pm	Open Gym 1:00pm-5:00pm	Open Gym 10:30am-9:00pm	Open Gym 2:00pm-5:00pm	Open Gym 10:30am-5:00pm	Open Gym 2:00pm-4:30pm				
1:30												
2:00												
2:30												
3:00												
3:30												
4:00												
4:30												
5:00												
5:30												
6:00	Youth & Family Program 5:00pm-8:00pm	Swim Team Dryland 5:00pm-6:00pm	Karate 5:00pm-9:00pm	Swim Team Dryland 5:00pm-6:00pm	Open Gym 6:00pm-8:00pm	Youth & Family Program 4:30pm-8:00pm						
6:30												
7:00												
7:30												
8:00												
8:30	Open Gym 8:00pm-10:00pm		Open Gym 8:00pm-10:00pm	Open Gym 9:00pm-10:00pm	Open Gym 8:00pm-10:00pm							
9:00												
9:30												
9:30												

***When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.**

PROGRAMS HAVE PRIORITY OF GYM USAGE

OUTSIDE PROGRAMS MAY COME IN DUE TO WEATHER DURING OPEN GYM

SCHEDULE IS SUBJECT TO CHANGE

Gym Guidelines & Open Gym Rules

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
 - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
 - Youth 7 and younger must be accompanied by an adult.
- Full Court play may be restricted when only one court is open.

NO FOOD, DRINKS, OR GUM allowed in the gym.



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	THURSDAY		FRIDAY		SATURDAY		
	CT A	CT B	CT A	CT B	CT A	CT B	
5:30	Open Gym 5:30am-9:30am	Open Gym 5:30am-8:00am	Men's Pickup Basketball 5:30am-7:30am	Open Gym 5:30am-11:00am	Open Gym 5:30am-9:00am		
6:00			Land Group Exercise 9:30am-10:30am				Open Gym 7:30am-9:00am
6:30							
7:00		Pickleball 8:00am-2:00pm	Youth & Family Program 10:30am-12:00pm				
7:30							Open Gym 12:00pm-1:00pm
8:00		Open Gym 10:30am-9:00pm	Pickleball Program 11:00am-1:00pm				
8:30							Open Gym 2:00pm-5:00pm
9:00		Karate 5:00pm-9:00pm	Open Gym 1:00pm-10:00pm				
9:30							Open Gym 9:00pm-10:00pm
10:00	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm						
10:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
11:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
11:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
Noon	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
12:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
1:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
1:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
2:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
2:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
3:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
3:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
4:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
4:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
5:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
5:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
6:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
6:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
7:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
7:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
8:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
8:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				
9:00	Karate 5:00pm-9:00pm			Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm			
9:30		Karate 5:00pm-9:00pm	Parents Night Out 9/16, 9/23, 9/30 6:30pm-8:00pm				

Birthday Parties*
12:00pm-5:30pm

School Vacation
Care 9/2
1:00pm-2:00pm

Family Night at
the Y
9/9
5:00pm-9:00pm

Parents Night Out
9/16, 9/23, 9/30
6:30pm-8:00pm

SCHEDULED GYM CLOSURES:

*Friday September 2nd, Gym A B will be closed from 1:00-2:00pm for School Vacation Care

September 9th, Gym A will be closed from 5:00-9:00pm for Family Night at the Y

*Friday September 16th, 23rd, & 30th Gym A will be closed from 6:30pm-8:00pm for Parents Night Out

*Friday

CLOSED