



NURTURE – INSPIRE – MOTIVATE

YOUTH & TEEN Registration Information & Program Guide

Session 8 October 2–November 5, 2022 (5 weeks)

6–17 years old | Registration: Member: Sept. 9–19 | Non-Member: Sept. 12–19

The schedule is subject to change



Learn More

Youth Program Policy (effective 09/12/2021): Youth 7 years and younger must have an adult 18+ remain in the facility during programs.

SCHOOL VACATION CARE 10/5 • 10/10 • 10/28 Ages 5–12 7:00AM–6:00PM Cost per day: \$40/Member \$60/Non-member
REACH & RISE® FREE youth group-mentoring program helps empower youth ages 6–17 in overcoming challenges. (See flyer for program details)
FAMILY NIGHT Our FREE Family Night is a Bingo and Dive-in Movie Halloween-themed event! October 28 5:00PM–10:00PM FREE
TRUNK OR TREAT Join us for our annual Trunk or Treat event! October 15 3:00PM–5:00PM Member Free Non-Member \$10 Ages 0–16
PARENTS NIGHT OUT 10/7 • 10/14 • 10/21 • 11/4 5:00PM–9:00PM MEMBER \$15 NON-MEMBER \$25 EACH DATE AGES 3–12YRS

SWIM LESSONS

resyaquatics@bcfymca.org | x218

Session 8 Swim Lesson Registration: Member Sept. 9–19 | Non-Member: Sept. 12–19 Group Swim Lessons start Oct. 3 and meet twice a week for 4 weeks (7 lessons) unless otherwise noted

GROUP SWIM LESSONS	AGES	DAY	# Of Weeks	TIME	MEMBER/NON-MEMBER
1 Water Acclimation	6–17yrs	Monday & Wednesday	4	4:45PM–5:15PM	\$60 / \$105
2 Water Movement	6–17yrs	Monday & Wednesday	4	5:20PM–5:50PM	\$60 / \$105
3 Water Stamina	6–17yrs	Monday & Wednesday	4	6:05PM–6:25PM	\$60 / \$105
4 Stroke Introduction	6–17yrs	Monday & Wednesday	4	4:45PM–5:15PM	\$60 / \$105
5&6 Stroke Development & Mechanics	6–17yrs	Monday & Wednesday	4	5:20PM–6:00PM	\$60 / \$105
Swim Team Development Class	6–17yrs	Monday & Wednesday	4	5:20PM–6:00PM	\$60 / \$105
Get Fit Families, Fall Triathlon Swim	6–18yrs	Tuesday, Thursday, Saturday	8	TU & TH: 6:15PM–7:45PM SA: 3:00PM–4:30PM	\$168.00 \$10 Drop-In

HOMESCHOOL SWIM

resyyouth@bcfymca.org | Barbara Palmer, Youth & Family Director: x217

SWIM	AGES	DAYS	# OF Weeks	TIME	MEMBER/NON-MEMBER
Homeschool Swim	6–17yrs	Tuesday	5	11:00PM12:00PM	\$40 / \$60

YOUTH & FAMILY

resyyouth@bcfymca.org | Barbara Palmer, Youth & Family Director: x217

ARTS & HUMANITIES	AGES	DAY	# Of Weeks	TIME	MEMBER/NON-MEMBER	
Art Clubs:	Creative Kids	3–6yrs	Wednesday (10/5–11/2)	5	9:30AM–10:15AM 5:00PM–5:45PM	\$30 / \$40
	Art Exploration	6–12yrs	Wednesday (10/5–11/2)	5	6:00PM–7:00PM	\$35 / \$45
	Art Exploration Drop In	6–12yrs	Wednesday (Oct. 5, 12, 19, 26, Nov. 2)	1	6:00PM–7:00PM	\$10 / \$15
Kids Can Cook	3–6yrs	Thursday (10/6–11/3)	5	5:00PM–5:45PM	\$40 / \$50	
Youth Can Cook	6–12yrs	Thursday (10/6–11/3)	5	6:00PM–7:00PM	\$40 / \$50	
STEM:	Youth STEM	6–12yrs	Tuesday (10/4–11/1)	5	6:00PM–7:00PM	\$35 / \$45
	Youth STEM Drop In	6–12yrs	Tuesday (Oct. 4, 11, 18, 25, Nov. 1)	1	6:00PM–7:00PM	\$10 / \$15
YAG Youth and Government	13–18yrs	Monday	(Open registration)	6:15PM–8:00PM	\$50	

SPORTS

resysports@bcfymca.org | Makali Carson, Sports Coordinator

KEYSTONE MARTIAL ARTS	AGES	DAY	TIMES	MEMBER/NON-MEMBER
Youth Beginner	7–13yrs	Meets 3x per week: Tuesday, Thursday, Saturday	TU & TH: 6:45PM–7:45PM SA: 9:30AM–10:30M	Monthly: \$65 / \$110
Youth Advanced	7–13yrs	Meets 3x per week: Tuesday, Thursday, Saturday	TU & TH: 7:45PM–9:00PM SA: 10:30AM–12:00PM	Monthly: \$65 / \$110
Teen & Adult	14+yrs	Meets 3x per week: Tuesday, Thursday, Saturday	TU & TH: 7:45PM–9:00PM SA: 10:30AM–12:00PM	Monthly: \$65 / \$110

YOUTH/TEEN SPORTS	AGES	DAY	# Of Weeks	TIME	MEMBER/NON-MEMBER
Youth Basketball League	6–8yrs	Monday (10/3–12/12) Off 10/31	10	6:00PM–7:30PM	\$50 / \$70
	9–11yrs	Monday (10/3–12/12) Off 10/31	10	7:30PM–9:00PM	\$50 / \$70
Youth/Teen Volleyball Clinic	Beginner	8–13yrs	5	Wednesday (10/5–11/2)	\$30 / \$45
Youth/Teen Volleyball League	12–17yrs	Wednesday (10/5–12/14)	11	6:30PM–9:30PM	\$50 / \$70
Youth Outdoor Soccer	6–8yrs	Saturday (10/8–12/17) off 12/10	10	10:00AM–11:30AM	\$50 / \$70
Youth Outdoor Soccer Clinic	9–11yrs	Saturday (10/8–11/5)	5	11:30AM–12:30PM	\$30 / \$45

HEALTH & FITNESS

resyhealthyliving@bcfymca.org | Kathy Hensler, Healthy Living Director: x226

14+ years old may attend group exercise and cycle classes! 12–13 years old may attend classes with a parent. Youth must be at least 4'4" for a proper bike fit.

CLASS & AGES	AGES	DAY	# Of Weeks	TIME	MEMBER / NON-MEMBER (DROP-IN)
Above & Beyond	10–15yrs	Monday & Wednesday	5	4:30PM–5:15PM	\$70 / \$140 (\$10)
Speed And Agility Performance Training	7–10yrs	Tuesday	5	5:15PM–6:00PM	\$45 / \$90 (\$10)
	11–15yrs	Tuesday	5	4:30PM–5:15PM	\$45 / \$90 (\$10)