



# NURTURE - INSPIRE - MOTIVATE

## YOUTH & TEEN Registration Information & Program Guide

### Session 9 November 6-December 17, 2022 (6 weeks)

6-17 years old | Registration: Member Oct. 14-24 | Non-Member: Oct. 17-24 The schedule is subject to change

Youth Program Policy (effective 09/12/2021): Youth 7 years and younger must have an adult 18+ remain in the facility during programs.



Learn More

**SCHOOL VACATION CARE** 11/10 • 11/11 • 11/23 • 11/28 • AGES 5-12 | 7:00AM-6:00PM | COST PER DAY: \$40/MEMBER | \$60/NON-MEMBER

**REACH & RISE®** Our FREE youth group-mentoring program helps empower youth ages 6-17 in overcoming challenges. (See flyer for program details)

**FAMILY NIGHT** Our FREE Family Night is a Dive-in Movie Fire Birds Movie on November 11, The Star Movie on Dec. 16th | 6:00PM-9:00PM

**BRUNCH WITH SANTA** on Dec. 10 | Timeslots: 9AM-10AM | 10AM-11AM | 11AM-12AM | 12PM-1PM | MEMBER FREE | NON-MEMBER \$10 | AGES ALL

**PARENTS NIGHT OUT** 11/18 • 12/2 • 12/9 | 5:00PM-9:00PM | MEMBER \$15 | NON-MEMBER \$25 EACH DATE | AGES 3-12YRS

**YOUTH CHRISTMAS BINGO** 12/21 | 5:00PM-7:00PM | MEMBER \$5 | NON-MEMBER \$10 | AGES 6-12YRS

## SWIM LESSONS

[resyaquatics@bcfymca.org](mailto:resyaquatics@bcfymca.org) | x218

Session 9 Swim Lesson Registration: Member Oct. 14-24 | Non-Member: Oct. 17-24 Group Swim Lessons start Nov. 7 and meet twice a week for 4 weeks (8 lessons) unless otherwise noted

GROUP SWIM LESSONS	AGES	DAY	# Of Weeks	TIME	MEMBER/NON-MEMBER
1   Water Acclimation	6-17yrs	Monday & Wednesday	4	4:45PM-5:15PM	\$70 / \$115
2   Water Movement	6-17yrs	Monday & Wednesday	4	5:25PM-5:55PM	\$70 / \$115
3   Water Stamina	6-17yrs	Monday & Wednesday	4	6:05PM-6:35PM	\$70 / \$115
4   Stroke Introduction	6-17yrs	Monday & Wednesday OR Tuesday & Thursday	4	MW: 4:45PM-5:25PM TT: 4:45PM-5:25PM	\$75 / \$120
5&6   Stroke Development & Mechanics	6-17yrs	Monday & Wednesday	4	5:35PM-6:15PM	\$75 / \$120
Swim Team Development Class	6-17yrs	Tuesday & Thursday	4	5:35PM-6:15PM	\$75 / \$120
Homeschool Swim	6-17yrs	Tuesday	5	11:00PM-12:00PM	\$60 / \$110

## HOMESCHOOL SWIM & GYM

[resyyouth@bcfymca.org](mailto:resyyouth@bcfymca.org) | Barbara Palmer, Youth & Family Director: x217

SWIM	AGES	DAYS	# Of Weeks	TIME	MEMBER/ NON-MEMBER
Homeschool Swim & Gym	6-17yrs	Tuesday & Thursdays	5	11:00PM-12:00PM	\$60 / \$110

## YOUTH & FAMILY

[resyyouth@bcfymca.org](mailto:resyyouth@bcfymca.org) | Barbara Palmer, Youth & Family Director: x217

ARTS & HUMANITIES	AGES	DAY	# Of Weeks	TIME	MEMBER/NON-MEMBER	
Art:	Preschool Picassos Seasonal Masterpiece	3-6yrs	Wednesday (11/9-12/14)	5	9:30AM-10:15AM   5:00PM-5:45PM	\$30 / \$40
	Masterpiece Makers All Access Pass	6-12yrs	Wednesday (11/9-12/14)	5	6:00PM-7:00PM	\$35 / \$45
	Masterpiece Makers Drop In	6-12yrs	Wednesday (Nov. 9, 16, 30, Dec. 07, 14)	1	6:00PM-7:00PM	\$10 / \$15
Cooking:	Chiefs in Training, Copycat Recipes	3-6yrs	Thursday (11/10-12/15)	5	5:00PM-5:45PM	\$40 / \$50
	Tiny Tummies, Copycat Recipes	6-12yrs	Thursday (11/10-12/15)	5	6:00PM-7:00PM	\$40 / \$50
STEM:	Learning Laboratory All Access Pass	6-12yrs	Tuesday (11/8-12/13)	5	6:00PM-7:00PM	\$35 / \$45
	Learning Laboratory Drop In	6-12yrs	Tuesday (Nov. 8, 15, 29, Dec. 6, 13)	1	6:00PM-7:00PM	\$10 / \$15
	Learning Laboratory Alphabet Adventure	3-6yrs	Tuesday (11/8-12/13)	5	9:30AM-10:15AM   5:00PM-5:45PM	\$30 / \$40
YAG Youth and Government	13-18yrs	Monday	(Open registration)	6:15PM-8:00PM	\$50	

## SPORTS

[resysports@bcfymca.org](mailto:resysports@bcfymca.org) | Makali Carson, Sports Coordinator

KEYSTONE MARTIAL ARTS	AGES	DAY	TIMES	MEMBER/NON-MEMBER
Youth Beginner	7-13yrs	Meets 3x per week: Tuesday, Thursday, Saturday	TU & TH: 6:45PM-7:45PM SA: 9:30AM-10:30M	Monthly: \$65 / \$110
Youth Advanced	7-13yrs	Meets 3x per week: Tuesday, Thursday, Saturday	TU & TH: 7:45PM-9:00PM SA: 10:30AM-12:00PM	Monthly: \$65 / \$110
Teen & Adult	14+yrs	Meets 3x per week: Tuesday, Thursday, Saturday	TU & TH: 7:45PM-9:00PM SA: 10:30AM-12:00PM	Monthly: \$65 / \$110

## YOUTH/TEEN SPORTS

YOUTH/TEEN SPORTS	AGES	DAY	# Of Weeks	TIME	MEMBER/NON-MEMBER	
Youth/Teen Volleyball Clinic	Beginner	8-13yrs	Wednesday (11/9-12/7)	5	5:00PM-6:00PM	\$30 / \$45
Youth Soccer Clinic		9-11yrs	Saturday (11/12-12/17) off 12/10	5	11:30AM-12:30PM	\$30 / \$45

## HEALTH & FITNESS

[resyhealthyliving@bcfymca.org](mailto:resyhealthyliving@bcfymca.org) | Kathy Hensler, Healthy Living Director: x226

14+ years old may attend group exercise and cycle classes! 12-13 years old may attend classes with a parent. Youth must be at least 4'4" for a proper bike fit.

CLASS & AGES	AGES	DAY	# Of Weeks	TIME	MEMBER / NON-MEMBER (DROP-IN)
Above & Beyond	10-15yrs	Monday & Wednesday	5	4:30PM-5:15PM	\$70 / \$140 (\$10)
Speed And Agility Performance Training	7-10yrs	Tuesday	5	5:15PM-6:00PM	\$45 / \$90 (\$10)
	11-15yrs	Tuesday	5	4:30PM-5:15PM	\$45 / \$90 (\$10)